

Transmission Schedule for June, 2021

कक्षा 10 की समय सारिणी TIME TABLE OF CLASS 10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
हिंदी	हिंदी	गणित	गणित	संस्कृत	اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)
सामाजिक विज्ञान (भूगोल)	सामाजिक विज्ञान (भूगोल)	विज्ञान	विज्ञान	सामाजिक विज्ञान (अर्थशास्त्र)	हिंदी	सामाजिक विज्ञान (राजनीति विज्ञान)
Science	Science	Social Science (History)	Social Science (History)	Maths	Social Science (Pol. Sc.)	Social Science (Economics)
Maths	Maths	English	English	Science	Social Science (Geography)	Social Science (Geography)

***Note: Watch live and interact with subject experts on Every Friday from 3:00pm – 4:00 pm. Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.**

You can watch the live sessions through NCERT Official You tube channel:
<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

To see the exact timings of the programmes:
https://www.swayamprabha.gov.in/index.php/program/current_se/32

***The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

***Watch Live programmes on every Friday at 3:00 pm to 4:00 pm**

***Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**

ONE CLASS, ONE CHANNEL

Subject	Title of the Topic	Medium	Duration
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01 June 2021			
हिंदी	पाठ-3: कवि और कविता : कवि देव और उनकी कविताएँ	Hindi	0:28:51
General	व्यक्तिगत सुरक्षा	Hindi	0:17:02
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन भाग-1	Hindi	0:19:54
Science	Chap 3: Metal and Non-Metal Part-1	English	0:21:43
Cultural Heritage: Art, Music & Dance	NRP and Folk Dance: Mizoram	NA	0:08:28
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 1	English	0:14:42

02 June 2021			
गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	Hindi	0:32:39
विज्ञान	पाठ-3: धातु एवं अधातु: भौतिक गुणधर्म	Hindi	0:13:43
Social Science (History)	Chp 3: The Making of a Global World- 1	English	0:29:47
Language (English)	Chp-3: His First Flight	English	0:24:31

03 June 2021			
गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	Hindi	0:29:27
विज्ञान	पाठ-3: धातु एवं अधातु: धातुओं के रासायनिक गुणधर्म	Hindi	0:13:54
Cultural Heritage: Art, Music & Dance	Folk Dance – Tripura	NA	0:08:31
Social Science (History)	Chp 3: The Making of a Global World- 1	English	0:29:47
Language (English)	Chp-3: Black Aeroplane	English	0:26:56

04 June 2021			
संस्कृत	पाठ - 3: व्यायाम: सर्वदा पथ्य:-1	Sanskrit	0:24:24
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-3: मुद्रा और साख	Hindi	0:31:49
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 2	English	0:20:59
Science	Chap 3: Metal and Non-Metal Part-2	English	0:25:59

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05 June 2021			
Urdu	Chp-3: Bheek	Urdu	0:18:08
Cultural Heritage: Art, Music & Dance	Aao Sair Karen – Sewagram	Hindi	0:08:49
हिंदी	पाठ-3: कवि देव की कविता-भाग-१	Hindi	0:14:29
Cultural Heritage: Art, Music & Dance	Rock Garden	Hindi	0:11:11
Social Science (Political Science)	Chp 3: Democracy and Diversity-1	English	0:18:33
General	Personal Safety	English	0:14:19
Social Science (Geography)	Chp 3: Water Resources	English	0:20:26

06 June 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -3	Hindi	0:20:56
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-3: लोकतंत्र और विविधता -1	Hindi	0:14:13
Social Science (Economics)	Chp 3: Money and Credit-1	English	0:23:50
Cultural Heritage: Art, Music & Dance	Sculpture's dream - 1	English	0:24:36
Social Science (Geography)	Chp 3: Water Resources Part-1	English	0:16:42

07 June 2021			
हिंदी	पाठ-3: देव	Hindi	0:24:04
Cultural Heritage: Art, Music & Dance	Hadoti Ka Sirmaur Kota	Hindi	0:21:10
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन भाग-2	Hindi	0:24:51
Science	Chap 3: Metal and Non-Metal Part-3	English	0:19:49
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 3	English	0:24:59

08 June 2021

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हिंदी	पाठ-3: देव	Hindi	0:24:04
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन	Hindi	0:25:04
Science	Chap 3: Metal and Non-Metal Part-4	English	0:30:54
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 4	English	0:33:13

09 June 2021

गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	Hindi	0:33:17
विज्ञान	पाठ-3: धातु एवं अधातु	Hindi	0:38:50
Social Science (History)	Chp 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chp-3:The Ball Poem	English	0:29:46

10 June 2021

गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	Hindi	0:19:39
विज्ञान	जिंक, आयरन, लेड तथा कॉपर धातुओं की सापेक्षित अभिक्रियाशीलता का अध्ययन करना	Hindi	0:15:17
विज्ञान	लोहे की कील की जलिये कॉपर सल्फेट विलयन के साथ रासायनिक अभिक्रिया का अध्ययन करना और मैग्नीशियम रिबन वायु में दहन का अध्ययन करना	Hindi	0:10:28
Social Science (History)	Chp 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chp 4: From the Diary of Ann Frank - 1	English	0:24:50
General	Emotional Well Being and Mental Health (E)	English	0:04:57

11 June 2021

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ONE CLASS, ONE CHANNEL

संस्कृत	पाठ - 3: व्यायाम: सर्वदा पथ्य:-2	Sanskrit	0:23:58
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-3: मुद्रा और साख	Hindi	0:31:49
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 5	English	0:25:37
Science	Chap 3: Metals and Non-Metals	English	0:38:49

12 June 2021

Urdu	Chp-3: Bheek	Urdu	0:18:08
हिंदी	पाठ-3: बिहारी: दोहे	Hindi	0:26:15
Health, Physical Education/Yoga/ Sports	Kabaddi	Hindi	0:24:27
Social Science (Political Science)	Chp 3: Democracy and Diversity-2	English	0:19:02
Social Science (Geography)	Chp 3: Water Resources Part-1	English	0:16:42

13 June 2021

सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद -4	Hindi	0:23:23
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-3: लोकतंत्र और विविधता -2	Hindi	0:13:41
General	व्यक्तिगत सुरक्षा	Hindi	0:17:02
Social Science (Economics)	Chp 3: Money and Credit-2	English	0:26:39
Social Science (Geography)	Chp 3: Water Resources Part-2	English	0:12:52
General	Personal Safety	English	0:14:19

14 June 2021

हिंदी	पाठ-3 : कवि और कविता : कवि बिहारी और उनके दोहे	Hindi	0:21:45
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन भाग-1	Hindi	0:19:54
Value Education	Meena: Too Young to Marry	Hindi	0:13:20
Science	Metal around us	English	0:10:52
Science	Metals are hard in nature	English	0:02:30

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ONE CLASS, ONE CHANNEL

Science	Metals are Good Conductor of Heat	English	0:01:06
Science	Malleability	English	0:00:47
Science	Ductility	English	0:00:28
Science	Annealing In Action	English	0:02:14
Cultural Heritage: Art, Music & Dance	Rock Garden	Hindi	0:11:11
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 6	English	0:21:30

15 June 2021

हिंदी	पाठ-3 : कवि और कविता : कवि बिहारी और उनके दोहे	Hindi	0:21:45
General	Health And Sanitation (H)	Hindi	0:06:39
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन भाग-2	Hindi	0:24:51
Science	Metals	English	0:21:55
Science	Reaction of Metal with salt solutions	English	0:03:43
Science	Reaction of metal with base	English	0:02:14
Science	Reaction of Zinc with Acid	English	0:01:57
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 7	English	0:23:36

16 June 2021

गणित	पाठ-4: द्विघात समीकरण - 1	Hindi	0:32:26
विज्ञान	विभिन्न ताप अवस्थाओं में धातुओं की जल से अभिक्रिया का अध्ययन करना	Hindi	0:12:30
विज्ञान	सोडियम हाइड्रॉक्साइड की एलुमिनियम धातु के साथ अभिक्रिया	Hindi	0:05:16
Social Science (History)	Chp 5: Print Culture and the Modern World-1	English	0:22:38
Cultural Heritage: Art, Music & Dance	Print Art	Hindi	0:20:43
Language (English)	Chp 4: From the Diary of Ann Frank - 2	English	0:24:17

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ONE CLASS, ONE CHANNEL

17 June 2021			
गणित	पाठ-4: द्विघात समीकरण - 2	Hindi	0:34:23
विज्ञान	पाठ-4: कार्बन एवं उसके यौगिक	Hindi	0:22:16
Cultural Heritage: Art, Music & Dance	Folk Dance - Assam	NA	0:09:48
Social Science (History)	Chp 5: Print Culture and the Modern World-1	English	0:22:38
Language (English)	Chp 4: From the diary of Ann frank	English	0:28:54

18 June 2021			
संस्कृत	पाठ - 4: शिशुलालनम-1	Sanskrit	0:24:05
Health, Physical Education/Yoga/ Sports	Javelin Bhag-01 (javelin throw)	Hindi	0:17:29
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-1	Hindi	0:22:53
Science	Chapter-4 Carbon and its Compounds Part-1	English	0:21:48
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 8	English	0:28:48

19 June 2021			
Urdu	Chp-4: Sir Sayyad Ka Bachpan	Urdu	0:28:01
हिंदी	पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-1	Hindi	0:22:02
Cultural Heritage: Art, Music & Dance	Art - A Brain Developer	English	0:25:32
Social Science (Political Science)	Chp 4: Gender, Religion and Caste	English	0:21:35
Social Science (Geography)	Chp 4: Agriculture -1	English	0:16:02

20 June 2021

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ONE CLASS, ONE CHANNEL

सामाजिक विज्ञान (इतिहास)	पाठ-2: भारत में राष्ट्रवाद	Hindi	0:33:02
Cultural Heritage: Art, Music & Dance	NRP and Folk Dance: Mizoram	NA	0:08:28
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-4: जाति; धर्म और लैंगिक मसले -1	Hindi	0:14:55
Social Science (Economics)	Chp 3: Money and Credit-3	English	0:23:59
General	Mental Health and Well Being -1	English	0:21:02
Social Science (Geography)	Chp 4: Agriculture -2	English	0:16:41

21 June 2021

हिंदी	पाठ-4: जयशंकर प्रसाद: आत्मकथ्य-2	Hindi	0:18:28
सामाजिक विज्ञान (भूगोल)	पाठ-4: कृषि- भाग-1	Hindi	0:21:11
Cultural Heritage: Art, Music & Dance	Musical instruments of India	English	0:22:15
Science	Chapter-4 Carbon and its Compounds Part-2	English	0:29:54
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 9	English	0:18:13

22 June 2021

हिंदी	पाठ-4: कवि और कविता : कवि जयशंकर प्रसाद: और उनकी कविता "आत्मकथ्य"	Hindi	0:26:41
सामाजिक विज्ञान (भूगोल)	पाठ-4: कृषि- भाग-2	Hindi	0:12:55
Cultural Heritage: Art, Music & Dance	Rojgar Kaushal	Hindi	0:17:09
Science	Chapter-4 Carbon and its Compounds Part-3	English	0:24:35
Mathematics	Chap- 4: Quadratic Equation- 1	English	0:26:14

23 June 2021

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ONE CLASS, ONE CHANNEL

गणित	पाठ-4: द्विघात समीकरण - 3	Hindi	0:34:59
विज्ञान	पाठ-4: कार्बन एवं उसके यौगिक	Hindi	0:29:02
Social Science (History)	Chp 5: Print Culture and the Modern World-2	English	0:24:29
Language (English)	Chp 4: Amanda	English	0:29:13

24 June 2021

गणित	पाठ-4: द्विघात समीकरण - 1	Hindi	0:30:38
विज्ञान	पाठ-4: कार्बन एवं उसके यौगिक	Hindi	0:22:16
Cultural Heritage: Art, Music & Dance	Hadoti Ka Sirmaur Kota	Hindi	0:21:10
Social Science (History)	Chp 5: Print Culture and the Modern World-2	English	0:24:29
Language (English)	Chap 3: The Midnight Visitor-1	English	0:16:22

25 June 2021

संस्कृत	पाठ - 4: शिशुलालनम-2	Sanskrit	0:27:26
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-4: वैश्वीकरण और भारतीय अर्थव्यवस्था-2	Hindi	0:28:19
Science	Chapter-4 Carbon and its Compounds	English	0:34:30
Mathematics	Chap- 4: Quadratic Equation- 2	English	0:25:49

26 June 2021

Urdu	Chp-4: Sir Sayyad Ka Bachpan	Urdu	0:28:01
हिंदी	पाठ-4: आत्मकथ्य	Hindi	0:24:06
General	व्यक्तिगत सुरक्षा	Hindi	0:17:02
Social Science (Political Science)	Chp 4: Gender, Religion and Caste	English	0:21:35
Social Science (Geography)	Chp 4: Agriculture -1	English	0:20:13

27 June 2021

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ONE CLASS, ONE CHANNEL

सामाजिक विज्ञान (इतिहास)	पाठ-3: भूमंडलीकृत विश्व का बनना-1	Hindi	0:24:48
सामाजिक विज्ञान (राजनीति विज्ञान)	पाठ-4: जाति; धर्म और लैंगिक मसले -2	Hindi	0:16:31
Cultural Heritage: Art, Music & Dance	Sculpture's dream - 1	English	0:24:36
Social Science (Economics)	Chp 4: Globalisation and the Indian Economy	English	0:19:05
Social Science (Geography)	Chp 4: Agriculture -2	English	0:20:45

28 June 2021

हिंदी	पाठ-4: कवि और कविता : कवि मैथिलीशरण गुप्त और उनकी कविता "मनुष्यता"	Hindi	0:30:05
सामाजिक विज्ञान (भूगोल)	पाठ-4: कृषि- भाग-1	Hindi	0:21:35
Science	Chapter-4 Carbon and its Compounds	English	0:34:30
Mathematics	Chap- 4: Quadratic Equation- 3	English	0:28:00

29 June 2021

हिंदी	पाठ-4: मैथिलीशरण गुप्त- मनुष्यता-1	Hindi	0:28:20
सामाजिक विज्ञान (भूगोल)	पाठ-4: कृषि- भाग-2	Hindi	0:23:19
Science	Chapter-4 Carbon and its Compounds	English	0:34:30
Mathematics	Chap- 4: Quadratic Equation- 3	English	0:28:00

30 June 2021

गणित	पाठ-4: द्विघात समीकरण - 2	Hindi	0:34:59
विज्ञान	पाठ-4: कार्बन एवं उसके यौगिक	Hindi	0:29:02
General	Safe Use of Internet (E)	English	0:05:59
Social Science (History)	Chp 5: Print Culture and the Modern World	English	0:26:04
Language (English)	Chap 3: The Midnight Visitor-2	English	0:15:45

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